



being
trauma
aware

Making a Difference in the Lives
of Children and Youth

Program Evaluation Highlights

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Dr. Latika Nirula, Director, Simulation & Teaching Excellence, CAMH

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Introductions

Megha Bhavsar, MPH

Evaluation Specialist

- *Led evaluation activities including planning, implementation, analysis and reporting*
- *Expertise in Program Evaluation, Epidemiology, Strategic Planning and Project Management*

Latika Nirula, PhD

Director, Simulation & Teaching Excellence

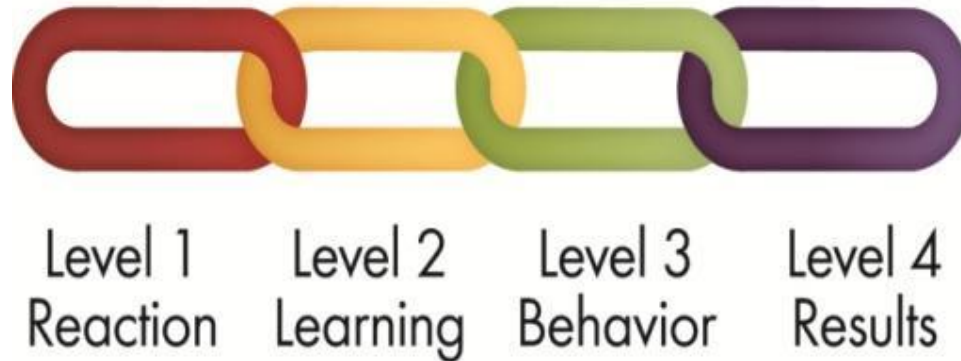
- *Provided leadership oversight on evaluation activities of this project*
- *Expertise in Program Evaluation, Digital Technologies, Curriculum Design and Teaching*

Background

- **Centre for Addiction and Mental Health (CAMH) in Toronto, Ontario**
- **Canada's largest mental health and addiction teaching hospital**
- Provides **trauma-informed, client-centered care**
 - Current internal and external training has focused on embedding **trauma-aware principles** and **anti-stigma education**
- Education department focuses on:
 - Improving quality of care through education
 - Leading inspired learning through inspired teaching
 - Driving mental health advocacy through education
- **Evaluation is a foundation** in our work
- Expertise in **online learning and digital technologies** for professionals, clients, and families

Evaluation Approach

New World Kirkpatrick's Model



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Evaluation Approach

Implementation Science



Course and Survey Completion



Determine the value and effectiveness of course content and delivery

- Valuable, foundational course for multiple sectors to develop a common language about trauma and its impacts

- Well-designed

Determine if curriculum was implemented with fidelity to design

“The delivery is soft and compassionate and the information is very sound.”

“Excellent example of a quality online learning experience by incorporating videos, scenarios and information.”

“I also liked the opportunity to ruminate on what I was learning days after, before going to the next section.”

Determine if curriculum was implemented with fidelity to design

“The visuals left an impression on me. [They’re] simple to understand.”

“The personal stories – lends humanity to the content – when you hear people’s stories, [there are] emotions and connections.”

Determine the value and effectiveness of course content and delivery

“I thought it was excellent too. I really appreciate the expertise, when you can see the number of organizations that put their best experts towards the curriculum and development and unique to the Canadian environment...”

“[The] biggest takeaway for me - it has enlarged my compassion for the clients and made me think more about self-care and self-compassion.”

“People were commenting how valuable it was, people who hadn’t taken any courses or exposed to this formally.”

“The course has opened my eyes to the prevalence of trauma and its effects on society at large. Furthermore, this course has helped to better inform my practice when relating to and working with clients.”

Determine the extent to which the curricula reflect diverse clientele

“...the course seems to reflect diversity. Our programming contains a third Indigenous and a third identify as having immigrated to Canada...always open to learning more about working with folks from many backgrounds.”

“...The population I work with is not overly diverse, but it is getting more diverse and I think the presentations reflected a number of different diverse populations and the concerns for some of those populations...it will help our teachers to reflect about the possible differences that they may see or interact with in the future.”

Determine the extent to which the curricula reflect diverse clientele

“As a foundational course, it’s well-designed, there’s lots to apply to any population. If you want more specifics, you’re looking at another course or a facilitator to take that material and ‘what does it mean for an indigenous population?’ ‘what does it mean in the classroom?’ –There’s lots to do that with.”

Thank you!



camh